

# *Phase of Wood*

## *Case History*

### *Ear Problems*

#### *Otitis Media*

*Dan*

## Phase of Wood - Case History - Ear Problems – Otitis Media

**Date:** 28.4.2009

**Name:** Dan ♂

**Age:** 6 Months

**Date of Birth:** 26.11.2008

**Treatment Number:** 1

**Siblings:** ♀ - 7, ♀ - 4

### **Chief Complain: Otitis Media**

- First episode accord 2 months ago
- 2 times antibiotic
- Still scratching his ear
- In the second episode a lot of crying and fever, fluid came out of the ear
- Suffering from Seborrhea of the scalp
- Redness in the folders of the skin
- Jaundice A after birth
- His sisters didn't suffer from Otitis Media

**See: Phase of Wood - "Otitis Media", p.265**

**Pregnancy:** Breech presentation, the mother was stressful, he turned upside down after the mother used guided imagery. Attached to the mother physically, and reflect her mood specially when she is angry.

**Birth:** Natural, turned head but it was OK

**Appetite:** OK

**Stools:** OK

**Vaccines:** OK

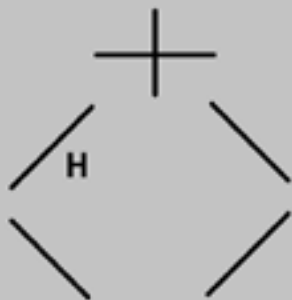
**Sensitivity:** Afraid from cuts and yowling of cats, afraid to be by himself

**Not sweats at nights**

**Sleeping:** When he is suffer from Otitis Media it is catastrophe, now he is sleeps good.

### **Pulse**

Heat in the LIV



### **Treatment strategy**

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing cold in the LIV if there is (because of the antibiotics)
4. Tonify

### **Treatment: CO-11**

CO-11 is good option for first treatment in states of excess in the LIV

**See: Phase of Wood - "Gentle Balancing of States of Excess in the LIV" p. 373**

**Phase of Wood - Case History - Ear Problems – Otitis Media**

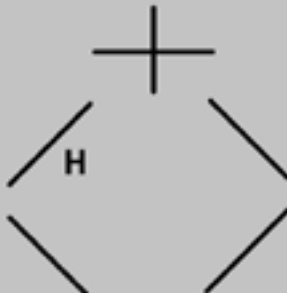
<b>Date:</b> 4.5.2009	<b>Name:</b> Dan ♂	<b>Age:</b> 6 Months	<b>Date of Birth:</b> 26.11.2008
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<b>Treatment Number: 2</b> 1 week later	
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<b>Chief Complain: Otitis Media</b>		<b>Date</b>	<b>After</b>	<b>Treatment</b>
	1	28.4	-	CO-11

Ears: OK. Playing with his ears, doctor lookup - clean  
 Sleep: Less good  
 Probably teething, drooling but less than before  
 Stools: Not typical, strong smell, pain, soft texture  
 Itching his head, the Seborrhea of the scalp is with no change, but he is more itching

**Pulse**  
Heat in the LIV



**Treatment strategy**

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing cold in the LIV if there is (because of the antibiotics)
4. Tonify

**Treatment: LIV-2°**  
Disperse the heat from the LIV is the second stage in the treatment strategy.

**Phase of Wood - Case History - Ear Problems – Otitis Media**

<b>Date:</b> 18.6.2009	<b>Name:</b> Dan ♂	<b>Age:</b> 6 Months	<b>Date of Birth:</b> 26.11.2008
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<b>Treatment Number: 3</b> 1 week later	
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<b>Chief Complain: Otitis Media</b>		<b>Date</b>	<b>After</b>	<b>Treatment</b>
	1	28.4	-	CO-11
	2	4.5	6 weeks	LIV-2°

He was OK until now  
 He is not sleeps well because of the stools  
 Doctor lookup : Inflammation in both ears  
 No fever  
 Seborrhea of the scalp: Totally gone  
 Sweats: Heavy sweats, days and nights  
 Stools: Once every 5 days  
 Redness in the skin folders: On and off  
 Fears: He have no fears

**Pulse**  
Heat in the LIV

**Treatment strategy**

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing cold in the LIV if there is (because of the antibiotics)
4. Tonify

**Treatment: LIV-2°, TH-5**  
 It is an acute treatment in caces of Otitis Media

**Phase of Wood - Case History - Ear Problems – Otitis Media**

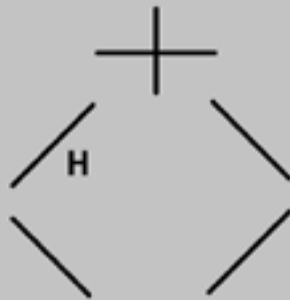
<b>Date:</b> 29.6.2009	<b>Name:</b> Dan ♂	<b>Age:</b> 6 Months	<b>Date of Birth:</b> 26.11.2008
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**Treatment Number: 4**  
2 week later

<b>Chief Complain: Otitis Media</b>		<b>Date</b>	<b>After</b>	<b>Treatment</b>
	1	28.4	-	CO-11
	2	4.5	1 week	LIV-2°
	3	18.6	6 weeks	LIV-2°, TH-5

After the last treatment he suffered 2 days an than relaxed  
 Good mood, while suffering from the inflammation and now  
 In the last 3 days he itch his ear while he is tired  
 Want to be on the hands all the time  
 They are using the herbs for the acute stage (*See: Phase of Wood - Treating Ear Infection Using Chinese Medicine”, p. 451)*

**Pulse**  
Heat in the LIV



**Last Treatment**

**Treatment strategy**

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing cold in the LIV if there is (because of the antibiotics)
4. Tonify

**Treatment: KI-10**

Although there is still heat in the LIV there is no development of acute state. In this case it will be better not to disperse the heat again (3rd time in a row). It is better to cool and tonify. the child is under treatment using herbs and ear drops and acute treatment if needed is valuable. KI-10 is tonifying and cooling. Usually KI-3 is good for this state because it is relaxing, but in this case the act of cooling is needed.

**Conclusion**

It is relatively short treatment because the child react good to the treatment, seems that it is also the reason why the parents stopped the treatment after the 2nd meeting.